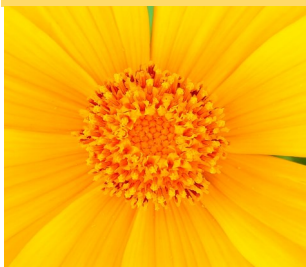


Market Harborough C of E Academy Spring Menu 2024

**** Seasonal Vegetables or Salad Bar and Bread Served Daily ****



Week 1

8 January

29 January

26 February

18 March

Week 2

15 January

5 February

4 March

Week 3

22 January

12 February

11 March

Monday	Quorn Cowboy Pie Sweet Potato & Chickpea Curry and Rice Jacket Potato with Tuna Mayo Dessert of the Day or Fruit/Yoghurt	Tuna Pasta Bake Margherita Pizza Jacket Potato with Beans Dessert of the Day or Fruit/Yoghurt	Tomato & Spinach Pasta Aubergine & Tomato Risotto Jacket Potato with Cheese Dessert of the Day or Fruit/Yoghurt
Tuesday	Chicken & Pepperoni Tray Bake Veggie Burgers & Mash Potato Jacket Potato with Cheese Dessert of the Day or Fruit/Yoghurt	Meaty Meatballs with Tomato Sauce & Pasta Chinese Vegetable Noodles Jacket Potato with Cheese Dessert of the Day or Fruit/Yoghurt	Meatfeast Pizza Roasted Vegetable Pasta Jacket Potato with Cheese Dessert of the Day or Fruit/Yoghurt
Wednesday	Pork Sausage Toad in The Hole Vegetable Sausage Toad in The Hole Jacket Potato with Tuna Mayo Dessert of the Day or Fruit/Yoghurt	Chicken Pie & Mash Potato Mac & Cheese with a Twist Jacket Potato with Beans Dessert of the Day or Fruit/Yoghurt	Spaghetti Bolognaise & Garlic Bread Quorn Dippers & Vegetable Rice Jacket Potato with Cheese Dessert of the Day or Fruit/Yoghurt
Thursday	Chicken Curry & Rice Vegetable Lasagne & Garlic Bread Jacket Potato with Cheese Dessert of the Day or Fruit/Yoghurt	Beef Cowboy Pie Quorn Curry & Rice Jacket Potato with Cheese Dessert of the Day or Fruit/Yoghurt	Roast Gammon & Pineapple Roast Quorn fillet with mash & Gravy Jacket Potato with Tuna Dessert of the Day or Fruit/Yoghurt
Friday	Fish Portions & Chips or Pasta Lattice Cheese Slice, Chips or Pasta Tuna Mayo Wrap Dessert of the Day or Fruit/Yoghurt	Chicken Nuggets Quorn Pattie Burger Salmon & Cucumber Sandwich Dessert of the Day or Fruit/Yoghurt	Beef Burger in a Bun & Chips or Pasta Vegetable Fingers Chips or Pasta Cheese & Cucumber Wrap Dessert of the Day or Fruit/Yoghurt